

Thank you for contacting the Counseling Center at McLean Bible Church to inquire about our counseling services. The Counseling Center offers fee-for service counseling and our clinicians work from models integrating effective counseling strategies with Biblical truth.

Christian counseling encourages spiritual growth and emotional healing while assisting people in developing a closer relationship with God and others. On-site counselors are available for daytime and evening appointments and *generally there is a one to two week wait for an appointment. We are not able to accept walk in appointments or requests for appointments on the same day.*

THE PROCESS:

You may begin the process by completing and returning by email or fax (to 703-770-3836) the attached intake form

When completing your intake form please note the following:

Please be sure to include the exact name of your insurance plan as That is important for us to determine if we are a provider with your plan.

If you observe that our clinicians do NOT participate with your insurance provider, please be sure to include a notation if you want to meet with one of the licensed or one of the not yet licensed (whose fees are significantly lower) counselors.

Please be sure to answer all information on the intake form, including your insurance provider and medication information. If using insurance please FAX an ENLARGED copy of your insurance card (front and back) to 703-770-3836. If all information is not accurately completed, it will delay the processing of your intake form.

After the receipt of your completed form, your counselor will contact you to arrange for an appointment time.

Fees for Licensed Counselors and Licensed Social Worker

If our licensed counselors do **NOT** participate with your insurance company then the following fees apply:

The cost for an initial assessment (75-minute session) is \$165. The cost for a regular 50-minute session is \$120.

Partial reimbursement by your medical insurance may be available and we will gladly provide you with receipts which you can submit to your company.

Prior to the first appointment, it is the responsibility of each client to contact the insurance company to determine their mental health benefits.

Insurance Companies with which The Counseling Center at MBC participates:

Blue Cross Blue Shield

Robert Brown and Gail Thompson are both preferred providers with Anthem Blue Cross Blue Shield, Care First BC/BS, and BC/BS PPO policies. They are not providers with BCBS Basic plans.

Anthem Blue Cross Blue Shield

Rob Brown, Gail Thompson, Gayle Bradley Starkes and Mary Ann Morgan are all preferred providers with Anthem Blue Cross Blue Shield.

Tricare Standard

Gayle Bradley Starkes is a preferred provider with Tricare Standard. Gayle does NOT participate with Tricare Prime. For those with Tricare Standard, you must pay the full fee at the time of the session and then submit to Tricare Standard for your reimbursement.

Magellan Behavioral Health

Rob Brown is also a preferred provider with Magellan Behavioral Health.

Aetna

Rob Brown and Kathleen Schweiker are preferred providers with Aetna.

PLEASE NOTE -

There is typically a longer wait to meet with either Rob Brown or Gail Thompson.

Rob generally has a 2 - 4 week waiting list for evening appointments. Gail Thompson has a waiting list for evening appointments as well. Very few of the licensed counselors meet with clients on the weekends.

***Fees for Unlicensed Counselors (also referred to as interns)**

We have five unlicensed counselors on staff and they are able to work with some but not all situations.

Please note that you can not be reimbursed from your insurance company for sessions with an unlicensed counselors although we will provide you receipts if you ask.

The fee for the unlicensed counselors ranges from \$65 to \$95 per session depending upon who you see. The initial longer meeting is a higher fee than follow-up appointments. Meeting with one of them may be an option for you if you do not have medical insurance that helps to cover the costs of counseling.

Payment for Counseling

Cash or Check only is due at the time of the appointment. The **counseling center is not able to accept credit card payments at this time.**

Counseling Staff - Please see the MBC website – to view the counselors' biographies - www.mcleanbible.org

CANCELED OR MISSED APPOINTMENTS

You will be charged the full fee for a missed appointment unless you directly notify your counselor at least 24 hours in advance of the scheduled appointment time.

OTHER QUESTIONS: Please contact: Beverlee.Peck@mcleanbible.org