



MCLEAN BIBLE CHURCH

WE
GLORIFY
GOD

BY MAKING DISCIPLES
+
MULTIPLYING CHURCHES
AMONG ALL NATIONS

▶ BEGINNING
IN
GREATER
WASHINGTON, DC

THINGS TO KNOW THIS WEEK

WOMEN'S MINISTRY SERVICE OPPORTUNITIES

Please join us as we serve our community by bagging and organizing food this Wednesday, **Jan. 9**. Meet at West Gate Elementary School at 10:30 am. Must be 18 years old and have picture ID. Or, sing songs with the Alzheimer's residents at Sudley Manor Arbor Terrace. Meet in Arbor Terrace lobby at 10:45. Children are welcome.
INFO: pwwomen@mcleanbible.org

CHILD DEDICATION CLASS

If you would like to dedicate your child to the Lord at MBC Prince William, please attend the 30 minute class on Sunday, **Jan. 13** at 10:30 am in Room 111. Our next dedication is on Sunday, Feb. 3. Parents who are expecting soon are welcome to attend. Please complete your application ahead of time at mcleanbible.org/baptism-and-child-dedications.

WOMEN'S GATHERING

What's the goal of your life for 2019? Jen Wilkin will share Biblical insights to greater confidence in discerning and doing the will of God. Jen is an advocate for women to love God with their minds through the faithful study of His Word. Join us for our PW Women's Gathering Saturday, **Jan. 26** from 2-5 pm. Bring a snack to share.
INFO/RSVP: pwwomen@mcleanbible.org

MEN'S FELLOWSHIP

Join us monthly as we fellowship and study using Focus on the Family's "The Truth Project." Beginning on Saturday, **Jan. 26** from 5:30 pm - 8 pm, we will meet on the 4th Saturday of the month for dinner, fellowship, viewing the seminar, and discussion.
INFO: tfgormley@gmail.com

ESOL VOLUNTEERS NEEDED

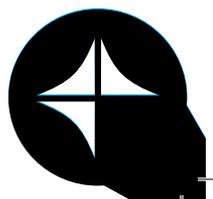
Join us at MBC Prince William in providing English classes to our local community. We need teachers, teacher assistants, van drivers, hospitality crew, administrator, musicians, prayer warriors, and translators. (Spanish is not required). Classes are held Tuesday/Thursday, **Jan. 15 to May 9** at 9:30 - 11:30 am with a new evening class on Thursdays from 7 - 8:30 pm. INFO: Cindy.cwilbur04@gmail.com or 703-772-4138

EVANGELICALS FOR LIFE CONFERENCE

Join the Ethics and Religious Liberty Commission at our Tysons Campus on **Jan. 16-18** for Evangelicals for Life, a major pro-life conference in conjunction with the March for Life. EFL is designed to equip you with practical advice and tools to stand for life in your home, church, and community. Speakers include Russell Moore, David Platt, J.D. Greear, Steven Curtis Chapman, Keith and Kristyn Getty, and more. INFO/REGISTER: evangelicals.life

FOSTER AND ADOPTIVE PARENT INFO MEETING

To learn more about how you can become a foster or adoptive parent and other ways you can play an active role in defending the fatherless, join us on Sunday, **Feb. 3** at 12:30 pm for an informational meeting in the Community Room. RSVP to caroline.seymour@mcleanbible.org. Lunch will be provided. To stay up-to-date with MBC's Foster Care and Adoption Ministry, sign up for the eNewsletter at bit.ly/famupdate.



RESPONSE CARD **January 6, 2018**

NAME _____ []MR.[]MRS.[]MS.

ADDRESS _____

CITY, STATE, ZIP _____

EMAIL _____

PHONE _____

SERVICE ATTENDED:

[] 9:00 am [] 11 am
[] I'm new to MBC

NEXT STEPS. Today I...

[] Decided to follow Jesus for the first time.
[] Want to learn more about how to have a personal relationship with Jesus.
[] Want to learn more about your ministries.
[] Want to learn more about volunteering.

Prayer requests and praises (may also be submitted via mcleanbible.org/prayer):

SERMON NOTES

PRAY and FAST Matthew 6:5-18

Why do we pray?

- To express the _____ of our need for God.
- To explore the mystery of _____ with God.
- To experience the _____ of being used by God.

How do we pray?

- P _____: Worship God for who He is.
- R _____: Confess your sin to God and acknowledge your need for Jesus.
- A _____: Intercede for specific needs in your life and others' lives.
- Y _____: Surrender your life to following Jesus wherever and however He leads you.

Why do we fast?

- To express our _____ in God's goodness.
 - o More than we enjoy food, we enjoy _____.
- To confess our _____ for God's grace.
 - o More than we need a meal, we need His _____.
- To seek and _____ to God's will.
 - o More than we want our hunger to cease, we want His _____ to come.
- To anticipate the _____ of God's Son.
 - o More than our stomachs long to be full, our souls long to see _____.

How do we fast?

- F _____ on God.
- A _____ from food.
- S _____ the time with prayer and study.
- T _____ and see that God is good.